

# **Operation Manual**



Your health is our purpose, and your care is our promise.

Phothera

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Dear Valued Customer.

Thank you for selecting a Phothera 1200/2400 phototherapy unit. The use of light for the treatment of photoresponsive skin disorders has been our business since 1981. We are proud of our tradition of innovation in the field of phototherapy and are honored that you have chosen us for your phototherapy needs. Let's be clear. Our commitment to you starts...Now!

Sincerely,

The Phothera Staff

**CAUTION**: Federal law restricts this device to be sold by or on the order of a physician or other practitioner licensed by the law of the state in which he or she practices.

# 1.0 Control Type

Your Phothera 1200/2400 phototherapy unit is equipped with Phothera's ClearLink™ Control System. The device was prescribed by your doctor to function in one of the three modes listed below:

- **Guided:** The system controls the beginning dose and all subsequent doses depending upon how your skin responds to the therapy. See pages 15, 16, and 17 for operating instructions that are specific to this mode of operation.
- **Dosimetry:** You control the doses which are delivered in either Joules or Millijoules. The system automatically adjusts the length of each treatment depending on the power of the lamps. The doses you take will be based on instructions from your doctor. See pages 17 and 18 for operating instructions that are specific to this mode of operation.
- Timed: You control the length of each treatment, based on instructions from your doctor. See pages 18 and 19 for operating instructions that are specific to this mode of operation. *Exposure-Limiting Software:* Your physician may have prescribed your device with a system that limits the total number of exposures the device will deliver before a refill code is required. Specific information about these systems is provided in this manual.

### 2.0 Indications for Use

The Phothera 1200/2400 Phototherapy Devices are indicated for use to treat diagnosed skin disorders such as but not limited to, psoriasis, vitiligo, and atopic dermatitis (eczema) under the direction of a physician. The physician will determine the light spectrum (ultraviolet to visible), the energy or duration of the treatment, as well as the treatment environment. The population may range from pediatric, when accompanied by a responsible adult to operate it, to geriatric.

# 3.0 Delivery and Inspection

Upon delivery, open the box and verify that there is no damage. If damage is discovered, save **all** packing materials and call Phothera immediately to begin the claims process. If it's not

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possible to inspect the unit before the driver leaves, we recommend that you write "Concealed damage possible. Further inspection required" on the delivery receipt.

As part of the claims process, the delivering carrier may require that a damage inspection be conducted. Because of the size of the device, this inspection will likely take place at your home.

**Note:** In addition to notifying Phothera, the delivering carrier <u>must also</u> be notified of any shipping damage within twenty-four (24) hours to protect your right to an insurance claim.

### 4.0 Site Selection

A location for the device should be chosen within reach of an electrical service that meets the requirements of your specific device. See section 4.1 *Electrical Requirements* below. Extension cords are not recommended. It is important that the unit be properly grounded and installed on a standard, non-Residual Current Device (RCD) or ground fault circuit interrupter (GFCI) breaker. It should *not* be in a location where there is foot traffic or where water or moisture might collect. It should be protected from access by children. Exposure to ultraviolet light over extended periods of time may cause carpets, wall coverings and furnishings to fade.

### 4.1 Electrical Requirements

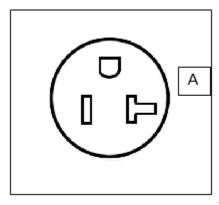
In the United States and Canada, the Phothera 1200/2400 is shipped with a standard three-pronged plug power cable.

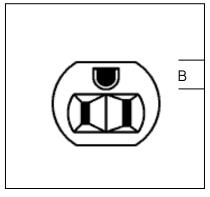
- The Phothera 1200/2400 **should** be plugged into any grounded household electrical.
  - The Phothera 1200/2400 should not be plugged into a residual current device (RCD) or an RCD protected circuit
  - The Phothera 1200/2400 should not be plugged into a ground-fault circuit interrupter (GFCI) or a GFCI protected circuit.

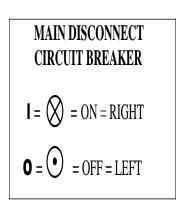
Devices that will be used overseas will be equipped with a country appropriate electrical cord and plug.

The number of lamps in the unit determines the voltage, amperage, wire gauge, and the type of electrical outlet necessary to safely support the unit's operation. The table and diagrams below define these requirements for each number of lamps.

Model Amps		Wire Gauge Diagram		Required Outlet	
24 lamp, 120 volt	20 amps	12 AWG	А	NEMA 5-20R	
12 lamp, 120 volt	15 amps	14 AWG	В	NEMA 5-15R	







**Table 1 Electrical Requirements** 

#### 4.1.1 Circuit Breaker

The unit's circuit breaker is located under the frame, at the back right-hand side of the device. Its location is indicated by the circuit breaker label (right). When setting up the unit, ensure that the breaker is in the **ON** position.

# 5.0 Unpacking and Assembly

**Note:** The Phothera 1200/2400 rests on castors. If no stairs are involved, it may be easier to remove the unit from its box at its delivery point (garage or foyer, for example) so it can be rolled into position. If stairs are involved, you may consider hiring a professional moving company to move the device into position.

- 1. Using as many people as available, but a minimum of two, move the box (or the device, if already unpacked) into the area where it will be used.
- 2. To open, use metal cutters to cut the banding that encircles the shipping container.

**Note:** Use caution. These bands are under tension and can snap outward when the tension is released.

3. Next, remove the front cardboard cover. It is secured by several shipping staples. Use a heavy-duty screwdriver to remove each staple.

Note: Use caution when removing the staples. They are sharp and can cut.

4. Once the front cardboard cover has been removed, carefully pull the device forward on its castors until it has cleared the box. Be careful **not** to discard the accessory package which contains important items such as your protective eyewear, user manual, and calibration output certificate.

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5. Once the unit is in its desired position, remove the metal shipping bars at the top that hold the doors closed. A 3/4" end wrench will be required to loosen and remove the bolts that hold them in place.

Finally, plug the unit into the appropriate electrical outlet (See *Section 4.1 Electrical Requirements*). **If your device is** equipped with an optional platform, place the platform inside the device once it has been moved to its final location.

# 6.0 Lamp Inspection

The device can be equipped with a variety of different lamps, each having a different effect on the skin. It is important to check that the proper lamps are installed. Consult the *Lamp Specification Guide* shown below and if there is any question as to whether or not it is equipped with the lamps that you have been prescribed, contact Phothera immediately. The code numbers shown are generally located at the base of the lamp.

# 6.1 Lamp Specification Guide

UVA	Narrow Band UVB	Broad Band UVB
-F72T12BL/HO	-TL-01/100W-FS72	
or	or	-FS72T12HO
-0600F72H0 BL	-FS72T12/NBUVB/HO/RDC/100W	

# 7.0 Precautions and Warnings

- To protect the eyes during operation, the operator and anyone in view of the device must wear the provided UV blocking glasses or goggles designed to block 100% of all UVA and UVB light from the eye area when worn. Always use Phothera approved eyewear purchased through Phothera.
- Do not remove protective eyewear, or any other protective equipment, during treatment.
- If psoralens (photosensitizing drugs) are being used as part of your treatment ("PUVA"), your eyes should be protected from exposure to ultraviolet (sunlight) for 24 hours after taking the drug. Ultraviolet blocking glasses are provided with devices equipped with UVA lamps.
- Do not use over skin eruptions without express consent from the attending physician.
- If a patient experiences burning, never treat the patient until the noticeable effects of burning subside, and always reduce the subsequent treatment time.

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- To protect unaffected skin during operation, the operator, patient, and anyone in view of the device must generously apply UV blocking skin protection to all exposed skin that the physician does not intend to treat.
- Erythema can result in as little as 15 seconds of exposure, or approximately 200 millijoules of dose to UVB light. Prior to using your home phototherapy unit, contact your prescribing physician for specific treatment instructions and dosing information.
- Center patients between the lamps during treatment to avoid over exposure to isolated areas of the body.
- All people and pets should leave the area to avoid exposure to ultraviolet light.
- Ask your doctor about protecting areas of your body which have not been exposed to sunlight.
- Do not use this device for anything other than its intended purpose.
- This device is only to be used by authorized users.
- Do not operate this device with a damaged cord or plug.
- If appliance coupler or mains plug is used as the main point of disconnect, do not
  position the device so that it is difficult to operate the disconnection device. Ensure
  the device can be unplugged from the point of disconnect.
  - o If necessary, operation of equipment may be terminated by disconnecting unit from AC mains. This can be accomplished by unplugging the device.
- To avoid the risk of electric shock this equipment must only be connected to a supply main with a protective earth.
- To prevent electric shock, remove power to the device prior to cleaning and servicing.
- NO MODIFICATION OF THIS EQUIPMENT IS PERMITTED. Unauthorized modification will void the warranty and may result in hazardous or improper device operation.
- DANGER ULTRAVIOLET RADIATION. As with natural sunlight, overexposure can cause eye and skin injury, and allergic reactions. Repeated exposure may cause premature aging of the skin and/or skin cancer. ALWAYS WEAR PROTECTIVE EYEWEAR: FAILURE TO DO SO MAY RESULT IN SEVERE ERYTHEMA OR LONG-TERM INJURY TO THE EYES. Medications or cosmetics may increase skin sensitivity to

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- ultraviolet radiation. Inform physician before using this device if you are using medications or have a history of skin problems or sensitivity to light.
- If the device malfunctions, cease operation immediately. If the device is placed close
  to other equipment, it is possible that the cause is interference by external noise
  sources and fields, in which case you should follow the remedies found under EMC
  Precautions. If the device continues to malfunction cease operation and contact the
  Customer Service Department.
- Prior to each use, always verify that the device is in correct working order and operating condition and plugs, sockets, lamps, and electrical cables and connections are not worn or damaged.
- Only original components and accessories should be used with the device to avoid damage.
- This device should be a minimum of 12 inches (30 cm) away from RF generating equipment
- Before opening the device casing to perform maintenance or service, disconnect the device from the power source.
- The device must never be directly exposed to flowing or splashing liquids of any kind.
   If the device is inadvertently exposed to liquid, it must be tested for safe function before being placed in operation again.
- The device contains glass lamps. Avoid excessive force to the device to prevent lamp damage.
- The device control system display is susceptible to damage from excessive force. Avoid excessive force to the control system to prevent damage.
- All treatments must be administered under the direction of a licensed physician only.
- **WARNING**: Equipment not suitable for use in the presence of a flammable anesthetic mixture with air or with oxygen or nitrous oxide.
- Device is not to be used in MR environments that may include MRI, diathermy, electrocautery, or other high frequency equipment.
- Do not treat if the lamps fail to ignite. Consult with doctor and/or contact Phothera customer service.

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- If lamps turn on without treatment being started/resumed, or if lamps do not turn off when treatment is completed, unplug the device. Contact doctor and/or Phothera customer service.
- ClearLink<sup>™</sup> Controlled Phototherapy Devices are considered CISPR Group 1, Class A devices, to be used **for prescription use only**.

# 8.0 Operating Specifications

Ambient Temperature:	15°C to 30°C (59°F to 86°F)
Relative Humidity:	10% to 95%, Non-condensing
Liquid Ingress Rating:	IPX0 (This device does not have protection against ingress of water.)
Ocular Hazard Distance:	3 Meters (9.84 Feet)
Ambient Luminance:	250 – 500 lux

**WARNING:** Equipment not suitable for use in the presence of a flammable anesthetic mixture with air or with oxygen or nitrous oxide.

# 9.0 Labels and Symbols

A removable label (*Figure 1 Unlock Label*) located near the keypad provides information on how to unlock the unit.



Figure 1 Unlock Label

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If the unit is equipped with exposure limiting software, there will be a label similar to the one shown below (*Figure 2 Refill Label*) informing you that your unit has been equipped with this feature.

### TO REFILL YOUR DEVICE:

When ≤ 20 exposures are remaining, the unit will flash the remaining number of exposures when powering on the device and after each treatment. Once all treatments are consumed your device will display a code starting with the letter "C". Please contact your physician with this code when requesting a refill.

LABEL P/N: 090REFILLNB REV A

Figure 2 Refill Label

A warning label (Figure 3 Warning Label) is affixed to your Phothera phototherapy device in a prominent and easily readable position. Please read the label carefully as it contains important safety information.

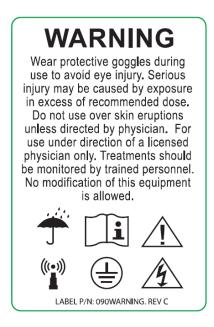




Figure 3 Warning Label

Figure 4 Identification Label

The serial number and manufacturing date of the device are printed on an identification label (Figure 4 Identification Label) that is located at the back of the unit near the power cord.



LABEL P/N: 090CAUTION-CE. Re

#### Figure 5 Danger Label

The following table lists all of the symbols located on the cabinet along with their meaning: Table 2 Symbols

SYMBOL	DESCRIPTION
Á	DANGEROUS VOLTAGE
	NON-IONIZING RADIATION
	PROTECTIVE EARTH (ground)
Ţ <u>i</u>	OPERATING INSTRUCTIONS
Ť	KEEP DRY
	CAUTION, CONSULT ACCOMPANYING DOCUMENTS
NBUVB	NBUVB LAMP LABEL
UVA	UVA LAMP LABEL
MAIN DISCONNECTS CIRCUIT BREAKERS    = \omega = \text{On} = \text{LEFT}  O = \text{O} = \text{OFF} = \text{RIGHT} COCKMANULARY BY	MAIN CIRCUIT BREAKER SWITCH

SYMBOL	DESCRIPTION
MD	MEDICAL DEVICE

# 10.0 General Instructions (All Modes of Operation)

# 10.1 Pre-treatment Preparations

Before starting therapy, show your doctor these instructions. He or she is the final authority for your treatment, and, depending upon your particular circumstances, may change these directions. *Always follow your physician's instructions*.

The ClearLink Controller will track your treatment data. However, you may want a notebook, or treatment log, in which to record the date, dose and duration of each of your treatments along with any other notes regarding your treatment or treatment results. (For example, forgot lip balm, put sunscreen on tender area, etc.)

**Note:** A free printable treatment log is available for download at www.Phothera.com. You will need to purchase lip balm and sunscreen with an SPF (Sun Protective Factor) of at least 30. Ask your doctor whether or not you should use an alcohol or cream-based sunscreen.

# 10.2Unlocking the Device

To prevent unauthorized use, the device will self-lock when left idle for twenty (20) minutes.

- 1. Tap the blank screen. The Phothera logo will appear.
- 2. Tap the logo. The Lock Screen will appear (unless disabled)
- 3. Using the keypad, enter the number 7 (unlocking code)
- 4. Press the Enter key to unlock.



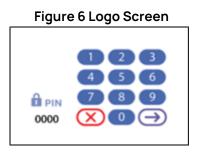


Figure 7 Lock Screen

### 10.3Common ClearLink™ Functions

The system beeps to signal the end of the treatment and displays the delivered dose with the elapsed time.

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If power goes off during a treatment, the system will track how much of the treatment has elapsed and will allow the treatment to resume when power is restored.

#### 10.4Post-Treatment

After a treatment, you may protect any areas that feel sunburned with sunscreen for the next several treatments or until they appear normal. (Make a note in your notebook.) You should see your physician at the intervals he or she requests when actively using the unit. Always take the notebook with you when you see your physician.

# 10.5 Treatment Limiting Software (Rx)

If your unit was prescribed with exposure-limiting software, a screen (Figure 8 Treatment Remaining Screen) will tell you how many exposures remain before you need a refill prescription. See Section 14.3 *Uploading Refill Prescriptions* for refill instructions.



Figure 8 Treatment Remaining Screen

### 11.0 Guided Mode

# 11.1 Features of the ClearLink™ Guided Home-Control System

The ClearLink Guided Home-Control System automatically performs many safety checks on your behalf, as well as calculating dose increases based on your treatment schedule and how your skin responds to treatment.

For example, each time you use the device, the ClearLink Controller will check the date of your last treatment. If you are on schedule, it will automatically proceed. However, if you have missed a treatment or treatments, the system will adjust accordingly to keep your dose at a safe level. A screen will appear advising you of the adjustment (*See Figure 9 Below*).



Figure 9 Treatment Scheduling

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Integrating dosimetry, another feature, uses a built-in sensor to monitor the amount of light energy being produced by the device. The system then automatically adjusts your treatment time to account for variations in light energy caused by changes in room temperature or the aging of the lamps.

Finally, before each treatment, the ClearLink Controller will ask about the current condition of your skin, such as whether or not there is any redness, mild or otherwise. It will use this information to calculate the next dose. Keep in mind, it is normal to experience some "redness" within 8 – 12 hours of a treatment but it is typically gone before it is time for the next treatment.

# 11.2 Running a Treatment

**Note:** The first time you use the device, your dose will automatically appear, based on your doctor's prescription. After your first treatment, the screen will display the next scheduled treatment, but will ask if you experienced any pain or redness after your last treatment. Based on your response, the system will adjust the treatment according to your prescription.

- 1. After unlocking the device, the Treatment Screen will appear with the scheduled dose.
- 2. You will be asked, "Were you in pain or red after your last treatment?"
- 3. You must choose one of the following responses:
  - No, or < 24 Hrs ("Not at all, or it was gone in less than 24 hours")
  - 24 48 Hrs ("I was in pain or red for 24-48 hours after the treatment")
  - > 48 Hrs ("I was in pain or red for more than 48 hours")
  - Still red / pain ("I am currently still red or have pain")

**Note:** Selection of the "Still red / pain" option will lock the device until one treatment has been skipped. This prevents treating the skin until the erythema (redness) has resolved.

- 4. Once you have highlighted your response, press the Enter 🗪 key.
- 5. The Treatment Confirmation screen will appear and will display the dose and an estimated time for the treatment. If a change is needed, press the back arrow. To cancel press the Cancel button.

# Put on your goggles

6. Press the Enter ( ) key to begin the treatment. A several second countdown will begin.

**Positioning:** Open the doors, enter the treatment chamber, and close the doors behind you. Face either the back or front of the device. In order to receive even and effective treatments, center yourself within the unit. As nearly as possible, your torso should not be closer to any one section of lamps than to another. Standing closer to one of the sides increases the likelihood of localized streaking and burning.

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- 7. After a short delay, during which you have positioned yourself within the device, the lamps will turn on, and the progress of your treatment will be tracked. The lamps will shut off when the treatment is over.
- 8. To pause an active treatment, press the Pause button. To resume, press the Play button. To end or cancel an active treatment, first pause the treatment and then press the Cancel button.

# 12.0 Dosimetry Mode

### 12.1 Features of the ClearLink™ Dosimetry Home-Control System

The ClearLink Dosimetry Home-Control System uses a built-in sensor as part of a function called integrating dosimetry to monitor the amount of light energy being produced by the device. The system then automatically adjusts the length of each treatment to account for variations in light output caused by changes in room temperature and aging of the lamps.

# 12.2 Running a Treatment

After unlocking the device, the Treatment Screen will appear.

- 1. Press the Treat Patient button, then
- Touch the ▲/▼ arrows to set the desired dose in Millijoules (UVB) or Joules if you
  have a UVA device.

**Note:** UVB treatments are commonly dosed in Millijoules. However, your doctor may have requested that the UVB treatments be dosed in Joules. If so, your device will have been programmed accordingly.

- 3. Press the Enter Arrow to enter the Treatment Confirmation screen.
- 4. Confirm the Dose and Estimated Treatment Time. If a change is needed, press the Return Arrow and return to step 2.

# Put on your goggles

5. If the Dose and Estimated Treatment Time are correct, press the Enter ( ) key to begin the treatment. A several second countdown will begin.

**Positioning:** Open the doors, enter the treatment chamber, and close the doors behind you. Face either the back or front of the device. In order to receive even and effective treatments, center yourself within the unit. As nearly as possible, your torso should not be closer to any one section of lamps than to another. Standing closer to one of the sides increases the likelihood of localized streaking and burning.

After a short delay, during which you have positioned yourself within the device, the lamps will turn on and the screen will track your progress. The lamps will shut off when the treatment is over.

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7. To pause an active treatment, quickly leave the cabinet and press the Pause button. To resume, press the Play button. To end or cancel an active treatment, first pause the treatment, then press the Cancel button.

### 13.0 Timed Mode

### 13.1 Determining a Treatment Time

When using time as a dose, there are two treatment methods that can be used. The simplest is to start at a prescribed time and then increase treatment times by a specific time increment or by a percentage. Another method is to use the factory power output levels (shown on the *Calibration/Output Certificate*) to determine estimated "time equivalents" needed to deliver doses in milliJoules (UVB) or Joules (UVA or visible light).

To determine a "time equivalent", consult the laminated Time Chart that is provided and find the power output on the top row (horizontal axis). The numbers in the left most column (vertical axis) represent a range of potential treatment doses. Find the dose then trace that row to the right until it intersects with the column corresponding to the factory power output of the device. The time equivalent is shown where the two lines intersect. For example, if the factory power output is 4.0 mW/cm² and the dose to be delivered is 280 mJ, then the appropriate treatment time will be 01:10. A partial time chart illustrating this is shown below.

**Note:** For your convenience, and as an alternative to the UVB time chart, the latest version of our free web based calculator is available, google *Daavlin treatment time calculator* for additional information.

#### Partial UVB Time Chart

					$\overline{\mathbf{V}}$					
	mW/cm2 mJoules	2.5	3.0	3.5	4.0	4.5	5.0	5.5	6.0	7.0
	240	01:36	01:20	01:09	01:00	00:53	00:48	00:44	00:40	00:34
$\rightarrow$	280	01.52	01:33	01:20	01:10*	01:02	00:56	00:51	00:47	00:40
	320	02.08	01:47	01:31	01:20	01:11	01:04	00:58	00:53	00:46

The UVA Time Chart (not shown here) is configured the same as the UVB Time Chart. The doses are listed in Joules and the energy output levels and times are different than the UVB output levels. Each chart is clearly marked.

# 13.2 Running a Treatment

After unlocking the device, the Treatment Screen will appear.

1. Press the "Treat Patient" button.

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- 2. Touch the ▲ / ▼ arrows to enter the desired treatment time. Note: It is not possible to enter a time of 60 seconds. You must enter 1 minute instead.
- 3. Press the Enter Arrow to enter the Treatment Confirmation screen.

# Put on your goggles

- - **Positioning:** Open the doors, enter the treatment chamber, and close the doors behind you. Face either the back or front of the device. In order to receive even and effective treatments, center yourself within the unit. As nearly as possible, your torso should not be closer to any one section of lamps than to another. Standing closer to one of the sides increases the likelihood of localized streaking and burning.
- 6. After a short delay, during which you have positioned yourself within the device, the lamps will turn on and the screen will track your progress. The lamps will shut off when the treatment is over.
- 7. To pause a treatment, quickly leave the cabinet and press the Pause button. To resume, press the Play button. To end or cancel a treatment, first pause the treatment, then press the Cancel button.

Calculating Increases: Phototherapy treatments usually start at a given time or dose and are increased with each treatment. Your doctor may ask you to increase each treatment by a set amount of time or may ask you to increase by a percentage, which is difficult when the treatment times are in minutes and seconds. Google Daavlin treatment time calculator and bookmark it on your phone. In that app, simply enter the time of your last treatment and the desired percentage increase and the calculator will give you the new treatment time instantaneously.

# 14.0 Care of the Unit

### 14.1 Recommended Maintenance Schedule

Item / Action	Frequency
Dusting the unit and lamps	Once a month
Fully clean all internal reflectors, lamps	Annually (behind the lamps)
	Every 100 hours of use or once a year (whichever occurs
Unit calibration	first) and when lamps are replaced. (Meters can be
	rented or purchased through Phothera)
Donlard James	*UVB - Approximately Every 300 hours of use
Replace lamps	*UVA - Approximately Every 500 hours of use

<sup>\*</sup> Lamp life will vary significantly depending on average treatment time and other environmental conditions.

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### 14.2 Changing or Disabling the Unlock Code

The unlocking code is a safety feature that prevents someone from accidentally turning on or tampering with the device. It works just like a key. To remove the feature or to change it to a number that is easier to remember, contact Phothera's service department at 1-216-831-0600 for step-by-step instructions. Hours of operation are Monday through Thursday 7:30am - 8:00pm EST and Friday 8:30am - 5:00pm EST.

# 14.3 Uploading Refill Prescriptions

When specified by your prescribing physician, Phothera home phototherapy devices are equipped with exposure limiting software. For each sequence of exposures, the number of available treatments is reduced by one. A treatment sequence consists of the primary exposure plus up to three repeat exposures, if necessary, for treating other areas of your body.

If the device is equipped with this feature, upon "waking up", the screen will display reminders of how many exposures are remaining. To ensure there are no interruptions in your therapy, we suggest that you contact your physician and give them the device code (CXXX) when 5 to 10 exposures remain. The physician will use this device code to generate a refill or "treatment" code for a "refill". When you have used all of your exposures, the system will prompt you to upload a new prescription, see Figure 10 Device out of Treatments).

To enter a refill code, wake the controller from its sleep mode and enter the unlocking code. The controller will ask you to enter a refill code or you may press the Prescription button to begin.

Tap the screen and enter the code provided by your doctor by pressing the up arrows. Press the Enter eyou have verified that the code is entered correctly. The controller will then display the number of exposures that have been uploaded and you can then continue your normal routine.

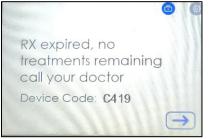


Figure 10 Device out of Treatments

# 14.4 Downloading Treatment History

Your doctor may require that you provide a treatment history file so he or she can monitor your progress. To download files, insert a USB drive into the USB port. The controller will prompt you to press the "Export Data" button followed by the Enter beyond the USB drive and take the files to your doctor.

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### 14.5 Cleaning/Disinfection

#### 14.5.1 General Cleaning

For general use, use a clean non-abrasive cloth, not paper towels, and a mild cleaning solution such as Dawn Liquid Dishwashing Soap to gently wipe down the exterior of the device.

#### 14.5.2 Low-Level Disinfection

To reduce micro-organisms on the patient-contacting surfaces, disinfect these surfaces between uses of the device, including when the same patient has the device for use. For disinfection while the same patient uses the device, we have tested several cleaners that do not degrade the Acrylic and can be seen in Table 3 Tested Cleaners.

Cleaner/Solution	Contact Time
Monk brand Wipes	Follow the contact time instructions provided with the Monk brand Wipes
70% Isopropyl Alcohol	3 min

**Table 3 Tested Cleaners** 

- 1. Thoroughly wipe down the surfaces and allow contact time listed in Table 3 Tested Cleaners.
- 2. Allow to air dry and inspect for visible contaminants.
- 3. If contaminants remain repeat until no visible containments remain repeat steps 1 and 2.

#### 14.5.3 High-Level Disinfection

Follow a high-level disinfection protocol between the use of the device on different patients. Use a high-level disinfectant, such as Steris Corporation's Resert XL-HLD, and follow the manufacturer's guidelines. See also "FDA-Cleared Sterilants and High Level Disinfectants with General Claims for Processing Reusable Medical and Dental Devices" available at: <a href="https://www.fda.gov/medical-devices/reprocessing-reusable-medical-devices-information-manufacturers/fda-cleared-sterilants-and-high-level-disinfectants-general-claims-processing-reusable-medical-and</a>

# 14.6 Calibration (Applicable to Guided and Dosimetry Units Only)

The power output of this device was measured before it left the manufacturing facility. A "Calibration Output Certificate" is included with your operating manual and contains the device's factory measured power output. Calibrate the device at least annually or whenever lamps are replaced or every one hundred (100) hours, whichever occurs sooner. The calibration process involves taking an output reading with a hand-held meter (available for purchase or rent from Phothera) and checking it with the output reading from the integrating dosimetry system. Please contact Phothera for calibration assistance.

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#### 14.6.1 Accuracy/Range (Applicable to Guided and Dosimetry Units Only)

Dose Range:	UVA: 0.1 Joules - 999.9 Joules UVB: 1 Millijoule - 9999 Millijoules
Accuracy:	+ / - 10%
Calibration:	1 year or every 100 hours of use

#### 14.6.2 Timer Range and Accuracy

#### **Table 4 Timer Range and Accuracy**

Time Range:	1 Second - 59 Minutes 59 Seconds (00:01 - 59:59)
Timer Accuracy:	+/- 5%

Timer Accuracy is compliant with IEC 60601-2-75.

### 14.7 Phothera 1200/2400 Lamp Replacement and Removal

Lamps may need to be replaced due to burnout or because their energy output has decreased to the point that your treatments may have become excessively long.

DO NOT REPLACE LAMPS INDIVIDUALLY. ALL LAMPS SHOULD BE REPLACED AT THE SAME TIME TO AVOID UNEVEN TREATMENTS OR ERYTHEMA. PLEASE CONTACT THE CUSTOMER SERVICE DEPARTMENT PRIOR TO REPLACING THE LAMPS TO OBTAIN IMPORTANT INFORMATION ON HOW THE OUTPUT OF THE UNIT WILL BE AFFECTED BY THE CHANGE.

Because of differences between brands, always replace lamps with the same brand as originally installed. Consult the Lamp Specification Guide on page 7 for replacement lamp guidance and contact the customer service department for a lamp replacement quote. They can be reached by dialing 1-216-831-0600 or via email at <a href="mailto:service@phothera.com">service@phothera.com</a>.

#### 14.7.1 How to Change Lamps

**Note:** Power output decreases over the life of a lamp and to compensate for this, your treatment times will have increased. Therefore, when the lamps are replaced, treatment times will need to be decreased proportionally. If the lamps are replaced without an accurate reading of the original lamp (such as would happen if the lamp has already failed), we advise a decrease in treatment time by 50%. Please contact Phothera for additional information. Note that timely lamp replacement by Phothera, or its authorized agent will avoid this situation.

- 1. First, unplug the device, then, using a 5/16" hex driver/socket, remove the screw located at the bottom of each piece of grid.
- 2. Lift the grid out of its holes in the bottom lamp-plate, pull the bottom of the grid forward, then slide it out of the holes in the top of the unit and set it aside.
- 3. Grasp the lamp to be removed with both hands and press upward until it clears the bottom lamp-holder, then remove the lamp. Reverse the process to install lamps and grid.
- 4. Reset the lamp hours to zero.

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#### 14.7.2 Resetting Lamp Hours

When changing lamps, it is important to reset the lamp age to zero so the new lamp's operating hours can be tracked. Please contact the customer service department for instructions on resetting the device's lamp hours.

# 15.0 Clinical Benefit

UV phototherapy normally consists of two distinct phases: Clearing and Maintenance. The clearing phase increases exposure to the light to the levels required to clear the skin, but over a long enough period to minimize discomfort to the patient. The maintenance phase is employed to extend the benefits of the clearing phase treatment, while limiting total exposure. During the maintenance phase, treatments are normally continued at the last level reached during the clearing phase.

Typically, treatments are very brief and occur about three times a week. Results vary, but psoriasis symptoms commonly begin to improve in as little as 6 -8 treatments; vitiligo usually begins to re-pigment within about 8 weeks. Phototherapy is safe for most patients, including those who are pregnant, elderly or immuno-compromised.

# 16.0 Cybersecurity

Phothera's ClearLink controller is a stand-alone controller. There is no connection, wired or wireless, to any external network and/or the World Wide Web. The controller looks for encrypted .rx files only. All other files are ignored and cannot run. If a .rx file is not present, an encrypted .hst file is written to the USB drive. A J-Link adapter is required to transfer any executable files. The J-Link port is not accessible external to the device.

# 17.0 Environmental Specifications

The Phothera 1200/2400 should be used in an electromagnetic environment as described below.

**Table 5 Electromagnetic Emissions** 

Emissions Test	Conformity	EMC Environment Guide
RF Emission Following CISPR 11 (EN 55011)	Group 1	Test unit only radiates RF energy for internal use in powering lamps, and it seems unlikely that nearby medical devices would be affected.
RF Emission Following CISPR 11 (EN 55011)	Class B	The Phothera 1200/2400 device is suitable for healthcare environment operation in hospitals and clinics

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<b>Emissions Test</b>	Conformity	EMC Environment Guide
Limits for Harmonic		The Phothera 1200/2400 device is suitable for healthcare environment operation in hospitals and clinics
Current Emissions	Class A	
Following IEC 61000-3-2		
Limitation of Voltage	Compliant	The Phothera 1200/2400 device is suitable for healthcare environment operation in hospitals and clinic
Changes, Voltage		
Fluctuations, and		
Flicker Following IEC		
61000-3-3		

Table 6 Electromagnetic Immunity

Emissions Test	IEC 60601 Test Level	Actual Level	
Electrostatic discharge immunity test following IEC 61000-4-2	+/- 8kV (conductive surfaces, coupling planes) +/- 2kV, +/- 4kV, +/- 8kV, and +/- 15kV (non- conductive surfaces)	+/- 8kV (conductive surfaces, coupling planes) +/- 2kV, +/- 4kV, +/- 8kV, and +/- 15kV (non- conductive surfaces)	
Radiated, radio-frequency, electromagnetic field immunity test following IEC 61000-4-3	80 MHz to 2.7GHz @ 10.0 V/m	80 MHz to 2.7GHz @ 10.0 V/m	
Electrical fast transient/burst immunity test following IEC 61000-4- 4	+/- 2kV	+/- 2kV	
Surge immunity test following IEC 61000-4-5	+/- 0.5 kV, +/- 1.0 kV, +/- 2kV	+/- 0.5 kV, +/- 1.0 kV, +/- 2kV	
Conducted Immunity test following IEC 61000-4-6	0.15 MHz to 80 MHz @ 3.0 Vrms 6.765 MHz to 6.795 MHz @6.0 Vrms 13.553 MHz to 13.567 MHz @ 6.0 Vrms 26.057 MHz to 27.283 MHz @ 6.0 Vrms 40.66 MHz to 40.70 MHz @ 6.0 Vrms	0.15 MHz to 80 MHz @ 3.0 Vrms 6.765 MHz to 6.795 MHz @6.0 Vrms 13.553 MHz to 13.567 MHz @ 6.0 Vrms 26.057 MHz to 27.283 MHz @ 6.0 Vrms 40.66 MHz to 40.70 MHz @ 6.0 Vrms	
Power frequency magnetic field immunity test following IEC 61000-4-8	50 Hz, 30 A/m	50 Hz, 30 A/m	

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Emissions Test	IEC 60601 Test Level	Actual Level
Voltage dips and interruptions immunity test following IEC 61000-4-11	•	30% Reduction for 500 mS at 0 degrees, 100% Interruption for 10 mS at 0, 45, 90, 135, 180, 225, 270,315 degrees, 100% Interruption at 5000 mS at 0 degrees

### Table 7 Electromagnetic Immunity

The device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that it is used in such an environment.

Immunity test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Conducted RF IEC 61000-4-6	3 Vrms 150 kHz to 80 MHz	3 Vrms	Portable and mobile RF communications equipment should be used no closer to any part of the device, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter. <b>Recommended separation distance</b> $d=1.2\sqrt{P}$ $d=1.2\sqrt{P}$ 80 MHZ to 800 MHz $d=2.3\sqrt{P}$ 800 MHz to 2.5 GHz
Radiated RF IEC 61000-4-3	3 V/m 80 MHz to 2.5 GHz	3 V/m	where <b>P</b> is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and <b>d</b> is the recommended separation distance in meters (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey, should be less than the compliance level in each frequency range. <sup>a</sup> Interference may occur in the vicinity of equipment marked with the following

The device is intended for use in the electromagnetic environment specified below. The customer or the user of the device should assure that it is used in such an environment.

Immunity test		Compliance	Electromagnetic environment - guidance
minimumity test	test level	level	Electromagnetic environment - guidance

NOTE 1: At 80 MHz and 800 MHz, the higher frequency range applies.

NOTE 2: These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people

a. Field strength from fixed transmitters, such as base stations for radio (cellular / cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the device is used exceeds the applicable RF compliance level above, the device should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the device. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3V/m

# 18.0 Warranty

# 18.1 Limited Warranty Policy

This Limited Warranty is provided to the original purchaser (the "Purchaser") of the Phothera device (the "Equipment"). Phothera warrants equipment to conform with the equipment specifications and be free from defects in material and workmanship during the device warranty period. No warranty is made as to useful lamp life or as to reduction in ultraviolet output due to any cause. PHOTHERA MAKES NO OTHER WARRANTIES OF ANY KIND WHATSOEVER TO PURCHASER OR ANY THIRD PARTIES WITH RESPECT TO THE EQUIPMENT AND HEREBY EXPRESSLY DISCLAIMS ALL WARRANTIES, EXPRESS OR IMPLIED, INCLUDING THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE.

Product	Warranty Period
New Equipment	1 Year
Remanufactured Equipment	90 Days
Lamps	90 Days

# 18.2 Warranty Coverage

This limited warranty applies only to equipment or components found to be defective due to materials and workmanship. This limited warranty does not apply when equipment is purchased for the purposes of renting commercially to customers for home use. This

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warranty does not apply to any equipment which has been used, repaired or altered outside the factory in any way so as to affect the design, or operated in any way other than in accordance with our operating instructions. The limited warranty does not apply to equipment failure or damage caused by shipping or customer abuse, misuse, or accident, incorrect customer installation, improper electrical service, lack of proper maintenance, and Acts of God. This limited warranty does not extend to repairs made necessary by use of parts or accessories not recommended by the manufacturer. Phothera shall not be responsible for any indirect, incidental, special, punitive, or consequential damages of purchaser. Phothera does not provide end support for Microsoft Windows software installed on PCs that are part of a Phothera phototherapy system. PURCHASER'S SOLE REMEDY UNDER THIS LIMITED WARRANTY IS REPAIR OR REPELACMENT OF THE EQUIPMENT.

# 18.3 Customer Responsibility

In the event that warranty service is requested, the purchaser must reasonably cooperate with Phothera to verify the warranty claim of the purchaser, including conducting minor diagnostic work. Failure to participate in diagnostic work may result in being charged for onsite service calls. The purchaser must allow Phothera, at Phothera's option, to inspect the equipment or component parts on request.

### 18.4 Warranty Service

During the warranty period, Phothera will, at Phothera's option, repair or replace any equipment or components that appear to have been defective in material or workmanship, with new or remanufactured materials. Phothera may require the return of merchandise claimed to be defective for its examination and shall be the sole judge as to whether material is in fact defective under the terms of this limited warranty. In such situations, Phothera will cover freight expenses in the continental USA to ship products covered under warranty both to and from Phothera's servicing center if the product fails during the first three months. If the product fails after three months during the warranty period, the customer is responsible for in-bound freight charges while Phothera pays freight charges back to the purchaser. All equipment ships ground unless the purchaser covers costs for expedited shipping. Phothera is not responsible for any delays occurring during transport of the equipment. During the term of the limited warranty, Phothera will, at Phothera's option, arrange for a qualified service technician to repair or replace any defective systems or components as covered in accordance with the terms and conditions of this limited warranty. It will be at Phothera's sole discretion whether subcontractors or Phothera employed technicians will perform the required warranty service work. However, this limited warranty will be declared null and void if non-qualified technicians perform any repair or maintenance on the equipment unless prior written authorization has been obtained from Phothera. Even with Phothera's authorization, Phothera shall not be responsible or liable for any such work (in or out of warranty). Phothera reserves the right to bill for labor, expenses, and services for requested "warranty" service trips which result in work not covered by this limited warranty.

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This may include, but is not limited to, a tripped circuit breaker, an unplugged machine, or a blown fuse.

### 18.5 Disposal

Please contact Phothera at 1-216-831-0600 for disposal instructions for the unit and/or cabinet and all accessories.

#### 18.6 Other Services

Extended warranties are available and may be purchased from Phothera's aftermarket sales department.

In the event that this limited warranty conflicts with other warranties included in Phothera's equipment manual, the terms and conditions of this limited warranty shall prevail.

#### 18.7 Contact Information

Phone: 1-216-831-0600 \*Press 1 for Daavlin

Fax: 1-419-636-1739

E-Mail: service@phothera.com

Website: <u>www.phothera.com</u>

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