

NBUVB Treatment Guideline Sheet

Adapted from the AAD standard guidelines for the treatment of psoriasis, vitiligo, and atopic dermatitis

Attention: Utilize this document as a reference in the event your healthcare provider did not provide you with a treatment protocol.

This document is to be used as a guide and in no way constitutes a Phothera prescribed medical protocol.

Device:	Uses, Weight & Part Number:	Distance	Skin Type I & Vitiligo: 	Skin Type II: 	Skin Type III: 	Skin Type IV: 	Skin Type V: 	Skin Type VI: 
 Phothera 100	Small areas, spots, scalp, travel	1 inch	1st Treatment: 20 sec	1st Treatment: 30 sec	1st Treatment: 40 sec	1st Treatment: 50 sec	1st Treatment: 1 min 10 sec	1st Treatment: 1 min 20 sec
	Weight: 1 lb. 2 oz.		15% Increase: 3 sec	15% Increase: 5 sec	15% Increase: 6 sec	15% Increase: 8 sec	15% Increase: 11 sec	15% Increase: 12 sec
 Phothera 100XL	Small areas, spots, scalp, travel	1 inch	1st Treatment: 17 sec	1st Treatment: 25 sec	1st Treatment: 33 sec	1st Treatment: 42 sec	1st Treatment: 58 sec	1st Treatment: 1 min 7 sec
	Weight: 3 lbs. 2 oz.		15% Increase: 3 sec	15% Increase: 4 sec	15% Increase: 5 sec	15% Increase: 7 sec	15% Increase: 9 sec	15% Increase: 11 sec
 Phothera 200/200XL	Hands/feet, face, elbows, knees, shins, small areas	surface	1st Treatment: 9 sec	1st Treatment: 14 sec	1st Treatment: 18 sec	1st Treatment: 23 sec	1st Treatment: 32 sec	1st Treatment: 36 sec
			15% Increase: 2 sec	15% Increase: 3 sec	15% Increase: 4 sec	15% Increase: 4 sec	15% Increase: 5 sec	15% Increase: 6 sec
	Weight: 200 - 9 lbs.	9 inches	1st Treatment: 36 sec	1st Treatment: 55 sec	1st Treatment: 1 min 13 sec	1st Treatment: 1 min 31 sec	1st Treatment: 2 min 7 sec	1st Treatment: 2 min 25 sec
	Weight: 200XL - 10 lbs		15% Increase: 6 sec	15% Increase: 9 sec	15% Increase: 11 sec	15% Increase: 14 sec	15% Increase: 20 sec	15% Increase: 23 sec
 Phothera 400	Mid-sized treatment areas, small living spaces (treatment times calculated using maximum lamp quantity and output)	9 inches	1st Treatment: 18 sec	1st Treatment: 28 sec	1st Treatment: 37 sec	1st Treatment: 46sec	1st Treatment: 1 min 4 sec	1st Treatment: 1 min 12 sec
	Weight: 30 lbs.		15% Increase: 3 sec	15% Increase: 5 sec	15% Increase: 6 sec	15% Increase: 7 sec	15% Increase: 10 sec	15% Increase: 12 sec
 Phothera 600/600-3D	Large treatment surface, full-body treatment (treatment times calculated using maximum lamp quantity and output)	9 inches	1st Treatment: 17 sec	1st Treatment: 25 sec	1st Treatment: 33 sec	1st Treatment: 42 sec	1st Treatment: 50 sec	1st Treatment: 58 sec
	Weight: 600 - 75 lbs.		15% Increase: 3 sec	15% Increase: 4 sec	15% Increase: 5 sec	15% Increase: 6 sec	15% Increase: 8 sec	15% Increase: 9 sec
	Weight: 600-3D - 106-129 lbs							